



Please write clearly in block capitals.

Centre number

Candidate number

Surname \_\_\_\_\_

Forename(s) \_\_\_\_\_

Candidate signature \_\_\_\_\_

I declare this is my own work.

# GCSE PHYSICAL EDUCATION

## Paper 2 Socio-cultural influences and well-being in physical activity and sport

Friday 15 May 2020

Afternoon

Time allowed: 1 hour 15 minutes

### Materials

For this paper you may use:

- a calculator.

### Instructions

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

### Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
  - use good English
  - organise information clearly
  - use specialist vocabulary where appropriate.

For Examiner's Use	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
<b>TOTAL</b>	



J U N 2 0 8 5 8 2 2 0 1

Answer **all** questions.

Only **one** answer per question is allowed.

For each question completely fill in the circle alongside the appropriate answer.

CORRECT METHOD  WRONG METHODS

If you want to change your answer you must cross out your original answer as shown. 

If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown. 

0 1

Which **one** of these immediately follows 'Input' in the basic information processing model?

[1 mark]

- A Decision making
- B Feedback
- C Output

1

0 2

Which **one** of these is an example of a netball coach giving feedback as knowledge of results?

[1 mark]

- A "You must keep your passes short and fast."
- B "You need to bend your legs when you land."
- C "You need to shoot from above your head."
- D "You scored three times in the first quarter."

1



0 3

Which **one** of these is an example of manual guidance?

[1 mark]

- A A coach demonstrating where to put the feet during a golf swing
- B A coach finding the faults of a golfer when they swing the club
- C A coach moving a golfer's feet into the correct position to swing a club
- D A coach showing video footage of a golf swing

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1

0 4

Which **one** of these can be defined as 'a convention or unwritten rule in an activity'?

[1 mark]

- A Etiquette
- B Gamesmanship
- C Tactics
- D Teamwork

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1

0 5

Which **one** of these is the 'R' in SMART targets of goal setting?

[1 mark]

- A Realistic
- B Refined
- C Remembered
- D Rewarding

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1

Turn over ►





0 7 . 1

Define skill and ability.

[2 marks]

Skill \_\_\_\_\_

\_\_\_\_\_

Ability \_\_\_\_\_

\_\_\_\_\_

0 7 . 2

Classify the skill of a tennis serve using each of the following classifications:

- basic/complex
- open/closed
- self-paced/externally paced
- gross/fine.

Justify your choices.

[4 marks]

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Question 7 continues on the next page

Turn over ►



0 7 . 3

Define arousal.

[1 mark]

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0 7 . 4

Describe the relationship between arousal level and performance level in the inverted-U theory.

[3 marks]

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10



0 8 . 1

Define intrinsic motivation and extrinsic motivation.

[2 marks]

Intrinsic motivation \_\_\_\_\_

\_\_\_\_\_

Extrinsic motivation \_\_\_\_\_

\_\_\_\_\_

0 8 . 2

Evaluate the effectiveness of extrinsic motivation for a beginner in sport.

[4 marks]

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**Question 8 continues on the next page**

**Turn over ►**



0 8 . 3

Outline the difference between direct and indirect aggression.

Use sporting examples in your answer.

[4 marks]

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0 8 . 4

Identify a sport that would be most suited to an introvert.

Justify your choice.

[4 marks]

Sport \_\_\_\_\_

Justification \_\_\_\_\_

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14





0 9 . 3

State **three** different types of media.

[3 marks]

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

0 9 . 4

Explain **two** positive effects the media could have on a sport.

[4 marks]

Positive effect 1 \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Positive effect 2 \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

15



1 0 . 1

State **three** reasons why it is important to have a balanced diet.

[3 marks]

1 \_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

\_\_\_\_\_

1 0 . 2

Explain **three** negative effects that obesity could have on performance in netball **or** basketball.

[3 marks]

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

1 0 . 3

Outline the role of fats in a balanced diet.

[1 mark]

\_\_\_\_\_

\_\_\_\_\_

**Question 10 continues on the next page**

**Turn over ►**



1 0 . 4

Explain why a games player requires carbohydrates **and** protein in their diet.

[4 marks]

Carbohydrates \_\_\_\_\_

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Protein \_\_\_\_\_

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1 0 . 5

Somatotyping is a method of classifying body types.

Complete **Table 1** to identify the correct somatotype from the description.

Give a sporting example that each somatotype would be most suited to.

[4 marks]

**Table 1**

<b>Description</b>	<b>Somatotype</b>	<b>Sporting example</b>
A pear-shaped body with wide hips and narrow shoulders		
Muscular appearance with wide shoulders and narrow hips		

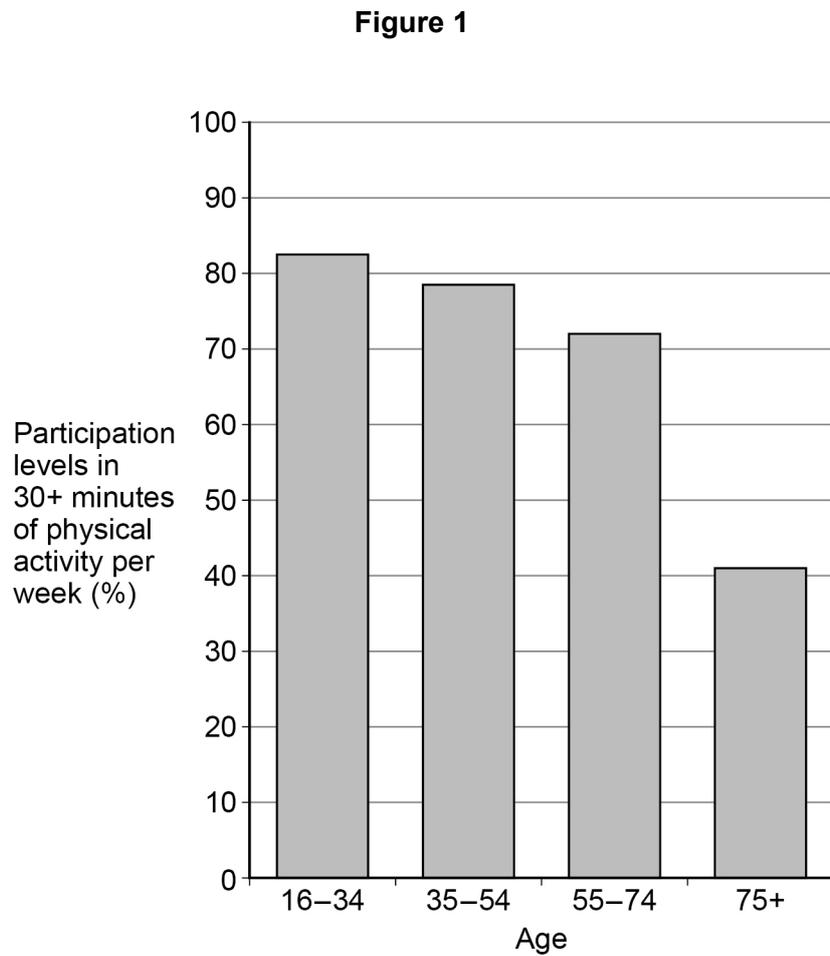
15





1 2

**Figure 1** shows the participation levels in physical activity of different age groups in England.



Using **Figure 1**, analyse the reasons for the participation levels amongst the different age groups.

**[9 marks]**

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